

## But I'm a talented player, they'll learn by watching my movement?

The risk far outweighs the reward here. Young players also won't be able to replicate much of what a talented adult can do. If they must see talent, tell them to watch Match of the Day!

## What's at risk?!

You will not be covered by any insurance. You'll also have to live with the memory that your actions hurt a child, something that will be most adult's worst nightmare.

## I'll just go in goal!

There is really no benefit to this and you can still injure a child. Why not make the team with more players score with their first touch, or put 5 passes together before shooting?

## Did you know?

One incident saw a coach sued following breaking a child's hip – it cost him over £10,000 in legal fees!

## But I won't tackle or barge around?

Incidents will happen when you least expect it. Just by not running or tackling, it doesn't mean an injury won't occur. Our worst injury to a child has come from a coach who just took a shot!

## Can't I just be the person laying the ball off?

Every touch you have takes away a learning opportunity from a child. There is no practice that requires a coach to join in – get a midfielder to lay the ball off, exactly like they'll be doing on matchday!

## What about the parents vs players game?

Absolutely not. This is one of the most high risk activities you can do and puts children at risk. Be innovative with other ideas.

## It won't happen to me!

It's a bit like being in a car accident – no one ever expects it to happen to them. Within seconds, you could be on the wrong end of a child with a severe injury.

**Thinking of joining in when training young players?**  
**Don't.**

**You'll take away learning opportunities from young players**

**You'll be putting children at risk**

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